PCV POST JANUARY 17, 2021



MARTIN LUTHER KING JR. DAY

PCV EVENTS

Generally advance registration is required. For PCV-hosted events, PCV members should log into their accounts and click on "Register" button on the desired event. If you are a member without a login password, please inform us at info@potomaccommunityvillage.org and the password creation email will be sent to you. Non-members should click on "Register for this event" link and follow instructions to provide the required information and then again click "Register for this event". The Zoom link will be provided in the confirmation email.

Tuesday, January 19, 1:30 - 3:00 pm - PCV Book Group will discuss *Dreamland* by Sam Quinones. This is a members' club but non members can attend it once and try it out. Click <u>Sam</u> to learn more and register.

Wednesday, January 27, 7:00 - 8:30 pm - Choosing Assisted Living for a Loved One-How do you know when

its the right time? Click <u>Assisted</u> for more details and to register.

Friday, February 12, 2:00 - 3:00 pm - Our monthly **Virtual Birthday Party**, celebrating 2021 and our hopes that we will all have a healthy year, with conversation among friends as we celebrate PCV members who have February birthdays. However the party is open to all, no matter when your birthday is. Click **Birthday** for details and to register.

Monday, February 15, 4:30 - 5:30 pm - PCV Lunar New Year Party. Click <u>Lunar</u> for details and to register.

Tuesday, February 16, 2:00 - 3:00 pm - PCV Book Group will discuss *The World That We Knew* by Alice
Hoffman. This is a members' club but non members can attend it once and try it out. Click **Bookgroup** to learn more and register.

BILLBOARD

Area organizations are presenting Zoom programs for varied interests. A listing for the next few weeks is provided here to help you plan ahead. The PCV calendar has details for these events as well as others and they are free and open to all. Click HOMEPAGE and select EVENTS tab. Generally advance registration is required. Please see the individual listings for further relevant details.

Saturday, January 23, 11 AM - 12:00 PM. Getting Started with Raised Bed Gardening. Learn the basics of raised bed gardening with local community experts. Click Garden for details and to register.

Thursday, January 27, 1 - 2:00 PM. The Power of Diplomacy with Ambassador Capricia Marshall. Click Diplomacy for further details and to register.

Thursday, January 27, 3 - 4:00 PM. The History of Rock'N'Roll - its roots, golden age and hits via visuals and soundtracks by an experienced VOA newsman and DJ. Click Rock to know more and to register.

Thursday, January 28, 6:30 - 7:45 PM. Start the New Year with Meditation Bring joy, peace, positivity and relaxation into your daily life, and begin the New Year with a fresh start. Click Meditation for details and to register.

Tuesday, February 2, 2 - 3:00 PM. Three Lynchings in Montgomery County - A Historical Look. Researcher Sarah Hedlund presents comprehensive narratives on the three cases in remembrance and recognition of this darker side of Montgomery County's history. Click Montgomery for details and to register.

Thursday, February 4, 1 - 2:00 PM. Van Gogh in Paris and the Culture of Flowers. Did you know that "Sunflowers" is essentially a still-life painting? Learn more from the many still-life paintings of flowers by Vincent Van Gogh. Click Van Gogh to learn more and to register.

Saturday, February 13, 2 - 3:00 PM. Historical Perspectives on Slavery in Maryland and Washington DC. Did you know that slavery in Washington DC area evolved differently from other areas? Learn why from James A. Johnston of Montgomery History. Click Slavery for details and to register.

Dear Members!

Check out our new Members' Notebook, on the PCV website -it is just for members. There is information on exercise; on how an 80-year-old started a newsletter in her high-end retirement community and made some changes; a recipe and a cartoon. Coming soon, a list of suggested items to buy and install to make your home safer and more comfortable, an outgrowth of our recent program on that topic.

It is only for members, but you need to sign into the website to access it. Sign in here www.PotomacCommunityVillage.org. Once in on the home page, click Village Info and then click on Members' Notebook. If you don't have a password to sign in, please email our IT chair, Sheila Taylor at info@PotomacCommunityVillage.org and she'll get you set up.

Welcome to NEW PCV Members

Carol and Bernard Blum

Thanks for Renewing your

PCV Membership

Eleanor Sorbello

Robert Younes

Anne Mathews-Younes

Selected for You

- Montgomery County Recreation offers a virtual recreation hub for residents to enjoy from home. Click RecRoom
- Montgomery County Transportation
 Options for Older Adults has a lot of useful information. Click on Transportation
- On-line OASIS programs-Click OASIS
- Potomac Almanac- For the current issue click <u>Almanac</u> and then select "Potomac Almanac" in the list
- Suburban Webinar Series Many are free, registration may be required. Go to events.suburbanhospital.org



Did you know that plans are underway to change the names of three streets in Potomac? They are named after two Confederate Army Generals who raided Maryland during the Civil War.

Read the Bethesda Beat piece here.



COVID UPDATES

Important message from the Maryland Governor's office issued on Friday, Jan 15 at 8pm.

Use the appropriate link provided below and pre-register at the earliest to get an appointment for COVID vaccination. The registration is easy and quick with just your demographic and contact details. The registration can be for your own vaccination and/or for somebody else who is eligible as per the stated requirements of age etc.

Please also <u>sign up here to receive their email/text updates</u> about the status on vaccination. They will send you more details as soon as they are available.



COVID-19 Vaccine Update

Governor Hogan announced yesterday that Maryland will be moving to Phase 1B on Monday, January 18, 2021. Phase 1B includes people age 75 and older.

We have not yet received enough vaccine from the Maryland Department of Health to finish vaccinating those in Priority Group 1A. We will begin vaccinating those in Priority Group 1B as soon as we can, while continuing to vaccinate those in Priority Group 1A.

You must pre-register before you can make an appointment.

We are currently accepting pre-registration for these Priority Groups (see Priority Group details):

- Priority Groups 1A, Tiers 1 to 3 <u>Pre-register for Group 1A</u>
- **Priority Group 1B, Tier 1** (persons age 75 and older) <u>Pre-register for Group 1B</u>

As we get more vaccine from the Maryland Department of Health, we will contact you to schedule your appointment.

FAQs

I am over the age of 65. Am I eligible for the vaccine now?

Adults age 65 to 74 are in Priority Group 1C. Priority Group 1C begins on January 25, 2021.

I am over the age of 75. Am I eligible for the vaccine now?

Adults 75 and over are in Priority Group 1B, Tier 1. You must <u>pre-register to schedule an appointment</u>. Once we receive additional doses of vaccine from MDH, we will contact you to schedule your appointment.

If I am in Priority Group 1B, will I have to wait until people in Priority Group 1A receive their vaccination before I can make an appointment?

We will begin to make appointments for persons in Priority Group 1B as we continue to provide first and second doses to persons in Priority Group 1A. Our appointments depend on vaccine deliveries from the Maryland Department of Health.

Can I get my vaccine at a local pharmacy?

Three Giant Food pharmacies will have vaccine available beginning January 25, 2021. These locations are in Burtonsville, Gaithersburg (Kentlands), and Silver Spring. See the Maryland COVID-19 Vaccine website for updates as they become available. We will also update you as we know more.

Are other vaccine sources available?

The County is currently coordinating with local hospitals to explore distributing any additional vaccine doses they may have available.

Doses Administered

As of Friday, January 15, 2021, we distributed 92% of the 19,700 doses the County has received.

Was this Update forwarded to you? Sign up for COVID-19 Vaccine Updates.

Montgomery County, Maryland, COVID-19 Information: Vaccines | Testing

Please note that you cannot even begin to register until this coming Monday at the earliest, if you fall into the 1B group for age 75 and up. The 1C group (age 65 and up) will not be able to register until 1/25.

In addition to the county health department on Hungerford Drive in Rockville, (240-777-1755) there will be more retail locations as of 1/25. Here's a link to that list. https://coronavirus.maryland.gov/pages/maryland-retail-vaccination-sites

To understand the vaccine priority groups, click **Priority**

To visit the Covid 19 Information Portal click Covid

View the Vaccine Update <u>Power Point Slide</u> presentation from Jan. 6, 2021.

Here is a link to the County's testing portal. <u>Testing - COVID-19 Information Portal - Montgomery County,</u> Maryland (montgomerycountymd.gov)

Read the latest issue of the <u>Village Ambassador Alliance</u> <u>COVID-19 Resource Newsletter</u> for news, events and

activities for Montgomery County Village members and older adults.

Here's a link to Sibley Hospital's Senior Association. Sibley Senior Association | Sibley Memorial Hospital in Washington, D.C. (hopkinsmedicine.org)

For more good information read this Baltimore Sun Article

PCV Help Desk 240-221-1370 Mon-Fri 9 am to 5 pm 20854helpdesk@gmail.com https://www.potomaccommunityvillage.org info@potomaccommunityvillage.org