



PCV Post, The Newsletter of Potomac Community Village

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President's Letter

November was a great month for the future of our Potomac Community Village. I was so pleased that our first in-person meeting since the pandemic saw so many people coming out for a fascinating presentation on local history, titled “Will Adams, Fiddler of Ken-Gar,” given by Julianne Mangin, a Montgomery County historian. For those of you who are interested, WETA-TV (PBS) has a video presentation about the history of the Ken-Gar neighborhood. You can view it by clicking [Ken-Gar](#).

Lynette Ciervo, our Director of Engagement, continues to enliven PCV with her work and wonderful ideas. We want to thank all the members who participated in last month's focus groups and shared their thoughts and ideas for PCV's future with Lynette. She'll share what she has learned with us shortly. Please see her note to our community on page 4.

I am also pleased to announce the extension of our Home Safety rebate program. A good number of our members have taken advantage of our home safety program and have really appreciated the subsidies we are providing, I urge other members to sign up right away. You can educate yourself on the many ways you can affordably make your home safer and avail yourselves of the financial assistance the village will provide. For details click [SAFE HOME](#), or call the Help Desk at 240-221-1370.

Finally, let me say I am looking forward to seeing you at our upcoming events. They are a great time to meet again with PCV friends whom you may not have seen in-person for a while, due to the pandemic. Especially mark your calendars for **Thursday, December 15 at 2 pm for PCV's Holiday Party**, being held in-person at the Potomac Community Center (see p. 3 for details), and don't miss our **PCV Outing on Sunday, December 11** to attend a free concert (see p. 2). I wish a peaceful and happy holiday season to all our PCV members and volunteers, and to our larger community.

Best,
Owen Ritter, PCV President

Highlighted Event of December

PCV Holiday Party

Thursday, Dec. 15, 2:00 pm

at the Potomac Community Center

Meet other Members and Volunteers. See p. 3

And, coming on Jan 26 – Lunar New Year Luncheon

Upcoming PCV Events:

Dec 11, Sunday, 4 pm - Concert Outing (see below)
Dec 12, Monday, 2:30 pm - Scrabble (page 3)
Dec 13, Tuesday, 3 pm - Coffee & Conversation (page 3)
Dec 15, Thursday, 2 pm - PCV Holiday Party (page 3)
Dec 20, Thursday, 1:30 pm - Book Group (page 4)

See pictures of what we did in November on page 5

and coming in January:

Jan 10, Tuesday, Movie & a Meal

Jan 17, Tuesday, Book Group, *and our...*

Featured January Event

Celebration of the Lunar New Year at a Luncheon

Thursday Jan 26, noon - 2pm

Sichuan Jin River Restaurant in Rockville

(registration details coming soon)

Advance registration is required for our Coffees, Lunches, Scrabble, Book Group and all Zoom events. PCV Members, please log into your accounts and click on the "Register" button for the desired event. If you are a member without a login password, please tell us at info@PotomacCommunityVillage.org, and the password creation email will be sent to you. If you are a non-member, or just need help registering, please contact the Help Desk, 20854HelpDesk@gmail.com, or 240-221-1370.

Outing to a free Concert

Sunday, Dec 11 at 4 pm

Amit Peled & the Mount Vernon Virtuosi

Featuring "Around the World in Six Cellos"



To Register, click on **CONCERT**, or contact the Help Desk at 20854HelpDesk@gmail.com, or 240-221-1370.

Join fellow PCV members for an outing to hear the wonderful music of Amit Peled & the Mount Vernon Virtuosi. The 1-hour concert will be held at the Bender Jewish Community Center in their Social

Hall on **Sun, Dec 11 beginning at 4 pm**. After registering by clicking the link above, plan to meet our PCV group at **3:40 pm on Dec 11** in the lobby outside the Social Hall at the JCC. **RSVP by Thurs, Dec 8** so that we can get your ticket and arrange a block of seats together. Amit Peled, an internationally renowned cellist and conductor, leads the Mount Vernon Virtuosi, a chamber orchestra dedicated to fostering artistic growth for young players. Following the concert, we invite those who wish to join us for an early dinner or snack at Attman's Deli in Park Potomac. Attendees will pay their own way at Attman's.

Let's Play Scrabble on December 12



For members and volunteers. Our Scrabble games are held at a private home in Potomac, indoors. Masks are optional but attendees are requested to be vaccinated. Register for Scrabble on **Monday, Dec 12 from 2:30 -4:30 pm** by clicking [SCRABBLE](#) or contact the Help Desk, 240-221-1370 or 20854HelpDesk@gmail.com.

Coffee & Conversation

Tues., Dec. 13, 3 pm

at the Potomac Community Center

Open to Members, Volunteers and all those who want to meet us, want to learn more about our Village



PCV continues its popular "Coffee and Conversation" now being held indoors at the Potomac Community Center with our get-together this month on **Tuesday, Dec 13 from 3 -4:30 pm**. To RSVP, click [COFFEE](#) or contact the Help Desk at 240-221-1370 or 20854HelpDesk@gmail.com. We request that all attendees be vaccinated.



**PCV Hosts a Holiday Party for
Members & Volunteers
(and, we invite you to bring a
friend!)**

**Thursday, Dec. 15, 2 pm
at the Potomac Community Center**

RSVP deadline is Dec 14, 2 pm

Join your fellow PCV members and our Volunteers on **Thurs, Dec 15 at 2 pm** to celebrate the holidays. We'll gather at the Potomac Community Center for a festive get-together featuring refreshments, games and music by the fabulous swing/jazz band, "Night and Day." Please join us for this in-person celebration of the holiday season as we look forward to 2023 and the many exciting social, educational and wellness events we have planned. Meet Lynette Ciervo, our new Director of Engagement, whose enthusiasm and talent is already benefiting PCV! In addition to members & volunteers, we are asking everyone to bring a friend to introduce them to the PCV! ***If you can, also please bring a donation of canned or boxed food for Manna Food Center*** to help others in our wider community. A donation box will be available at our party. All non-perishable food is welcome and non-glass jars are preferred. To register for the Holiday Party, click [HOLIDAYS](#). **Deadline to register is Dec 14 at 2 pm**. If you need help registering, contact the Help Desk at 240-221-1370. **PLEASE NOTE:** Now that it is so easy to get a COVID booster, we ask that all attendees be fully vaccinated, using the CDC definition that you have received the most recent booster for which you are eligible. Also please consider testing prior to attending. Feel free to wear a mask if you feel more comfortable.



Book Group meets on December 20, on Zoom

PCV's Book Group meets on **Tuesday, Dec 20, 1:30 – 3 pm**, for members and volunteers, with non-members invited to come once to try us out. RSVP by clicking [BOOK](#) to or to 20854HelpDesk@gmail.com or call 240-221-1370, so we can send you the Zoom link. We'll be discussing a novel, *Before We Were Yours*, by Lisa Wingate. Read a review of the book in Kirkus Reviews by clicking [REVIEW](#).

Upcoming Book Selections...

January 17 - *Florence Adler Swims Forever*, by Rachel Beanland

February 21 - *The Daughters of Yalta*, by Catherine Greene Katz

March 21 - *The Palace Papers: Inside the House of Windsor – the Truth and Turmoil*, by Tina Brown

Update from Lynette Ciervo...

PCV's New Director of Engagement



I am hoping that your holidays are off to a festive start! On that note, please join us for Potomac Community Village's first holiday party in years on Dec. 15th at the Potomac Community Center! It will be great fun with live swing/jazz music, catered food, door prizes and a chance to reconnect with friends. In fact, if you have a friend who is not a member of PCV, please invite them to join us! Click [HOLIDAY](#) to sign up for the Holiday Party. Social connections topped the list of what motivates people to join PCV, according to two member focus groups held in November. As one member aptly stated, "social engagement is a very

important part of healthy aging." These groups provided important feedback to the Village as it develops a more robust set of social, educational, and cultural programs. Our holiday party is our first big social gathering in three years! Next, we plan to start a Movie and a Meal event each month on a Tuesday and will kick off themed lunches in January with a Lunar New Year's Day luncheon. There are so many great ideas, and we plan to start developing new programs and activities in the new year. It is always important to hear from you, so please feel free to email me by clicking [LYNETTE](#). My warmest wishes for a healthy and happy holiday season!

New COVID Bivalent Booster Shots - Where to Get Them

New COVID booster shots are now available. Here is Maryland's [VACCINE LOCATOR](#), where you can search for the vaccine you want, i.e., the Pfizer-BioNTech Bivalent Booster or the Moderna Bivalent Booster, and then search for locations that offer them. Members who need help finding a location or making an appointment should contact the Help Desk at 240-221-1370, or email them at 20854HelpDesk@gmail.com. ***The CDC tells us that current definition for "fully vaccinated" is that you have received the most recent booster for which you are eligible. We will be asking those who attend in-person PCV events to be fully vaccinated, meaning they've gotten the initial vaccine doses and have received a bivalent booster.***

What we did in November

November was highlighted by our first in-person evening get together (since the pandemic) for a fascinating program on “Will Adams, Fiddler of Ken-Gar.” We ate and we talked and we walked; we Scrabbled and we read! We had two Coffee and Conversation get-togethers, had lunch at King Street Oyster Bar and enjoyed being together, in person and on Zoom.



Here we are IN-PERSON ! listening to Montgomery County historian Julianne Mangin presenting “Will Adams, Fiddler of Ken-Gar.” Below, our Coffee and Conversation events, held indoors for the winter.



Thank you for renewing your membership:

Barbara Goldberg
John Smith

Peggy Heller
Eunice Yu

Jean Polatsek



SUBURBAN HOSPITAL
JOHNS HOPKINS MEDICINE

Newsletter for Older Adults

Click [VILLAGES](#) to read Suburban Hospital’s helpful health and wellness news for Seniors.

Connect with “Empowering the Ages”

This organization is a non-profit which has as its mission connection between different generations. The organization states that “There’s no limit to the ways we can connect and empower different generations!... we increase school readiness and family efficacy, coach youth workforce development, support teens to create civic engagement projects, and so much more.” Seniors can get involved in programs such as “Crossing Paths,” a discussion program with small groups of teens once a week to share perspectives, “Workforce Development,” to help teens set goals, explore colleges, and write resumes, and “School Readiness,” to build a connection with a pre-K/Head Start student and his/her family by weekly “home visits, among other programs. To find out more click [EMPOWER](#).



GIVING TUESDAY

Although this year's "Giving Tuesday" has passed, this web site offers wonderful ways, in addition to financial support, that people can give back to their communities. As your co-editor, I discovered, while raising children, that the act of giving time and kindness to others is an important lesson all parents should teach their children. So during this holiday season I am grateful as I witness how my now adult children are making meaningful impacts on their own communities. Click [GIVE](#) to learn about the movement of radical generosity around the world.

Thank you to our editors, Caroline Lewis and Sheila Moldover; our tech support person, Sheila Taylor; our proofreaders, Marcia Akresh, Peggy Heller, Karen Lechter and Linda Perlis; and those who created and supported our programming and calendar –Marj & Jeff Bender, Ben Consilvio, Joan Kahn, Sheila Moldover, Linda Perlis, Owen Ritter, Eleanor Sorbello and Sheila Taylor.

Your help is needed to create additional programming opportunities for our members and for events for our larger community. Please email us at info@PotomacCommunityVillage.org to learn more, offer your help and ideas.

Members and Volunteers! Please join us at our Holiday Party on Thursday, Dec. 15, 2 – 4 pm
See inside, page 3, for details.

And everyone, please join us at our Coffee & Conversation, Tuesday, Dec. 13, 3 pm.
See inside, page 3, for details.

See page 4, for news from our new Director of Engagement.

Have a very happy and healthy Holiday Season!

Potomac Community Village
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